

### **VFW Auxiliary Department of Maryland**

There is so much we can do to show our support for our veterans through the Hospital Program from fundraising to volunteering our time.....the ultimate goal is to put a smile on their faces.

Kim Copson, National Ambassador



Cynthia Davis, PDP

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## Be a Force for Hospitalized Veterans



### Become a volunteer

The VA Maryland Health Care System depends on the goodwill of donors and volunteers who want to give something back to America's heroes. Volunteers provide much-needed help throughout the health care system and make patients' experiences more enjoyable. Many different volunteer opportunities are available, and each volunteer's talents are closely matched with one of our assignments. Volunteers can choose to serve at either the Baltimore, Loch Raven or Perry Point VA Medical Centers.

By volunteering at a VA health care facility, you'll provide critical support to our nation's heroes.

#### **Baltimore VA Medical Center**

10 North Greene Street Baltimore, MD 21201 Room 6A-164 Phone: <u>410-605-7100</u>

#### Loch Raven VA Medical Center

3900 Loch Raven Boulevard Baltimore, MD 21218 Room 124 Phone: <u>410-605-7000</u>, ext. 54613

#### **Perry Point VA Medical Center**

Building 15H, Room 202/203 Phone: <u>410-642-1038</u> Perry Point, MD 21902 In addition to supporting Veterans in your area, you'll enjoy the following benefits as a VA volunteer:

- Free meals during shifts of four or more hours
- Free parking at your volunteer facility
- Educational opportunities, such as CPR training
- Free annual flu shots
- Job skills development
- Career exploration opportunities
- Contribute to the Veteran community
- Gain valuable experience in a health care setting
- Meet interesting people
- Earn community service hours towards school requirements
- Make a difference by giving back to others
- Service those who served our Nation's Veterans

#### **Volunteer Opportunities**

### **Patient care**

- **Ambassadors** Greet patients and visitors, and provide directions and assistance.
- Book Cart Deliver books and magazines to patient rooms and waiting areas.
- Chaplain Service Escort patients to and from religious services.
- **Coffee Program** Prepare and serve coffee and refreshments to inpatients and outpatients.
- **Drivers** Drive patients to and from their home to VA clinic appointments.
- **Escort Service** Escort patients to various clinics and appointments.
- **Food and Nutrition** Help patients select menu items, open containers, cut food into bite-sized portions, and eat during mealtimes.
- Nursing Units Distribute water to inpatients and assist nursing staff as needed.
- **Recreation** Assist with arts and crafts projects, bedside games, field trips, and various activities.

### Administrative support

To qualify, individuals must be at least 15 years of age, commit to a minimum of 100 hours of service, and complete a health screening and a background check.

- Office Assistant Type, file, answer phones, keep records, and do data entry.
- **Pharmacy** Assist in preparing prescriptions, stocking shelves and unpacking deliveries.

Other assignments not listed here may also be available. If you're interested in volunteering, or if you have special skills to offer, please contact us so we can discuss how you can best help our Veterans.

While some volunteer assignments must be performed at specific times, most are flexible and can fit your schedule. We also have special short-term projects.

#### **Volunteer qualifications**

All volunteers must:

- Be at least 15 years old
- Commit to a minimum of 100 hours of service
- Complete and submit the Volunteer Application and other associated forms
- Complete a health screening and tuberculosis (blood) test
- Complete fingerprinting and a special agency background check
- Complete a 30-day probationary period

Your auxiliary can make a difference in the lives of our Veterans. Group volunteer opportunities exist at many of our facilities and can tailor a volunteer project that serves our Veterans, meets the needs and skills of your employees or group members, and helps us carry out our mission. Auxiliary volunteer opportunities may include:

- **Playing bingo** Provide volunteers to call bingo. Your group needs to bring prizes or coupon books purchased at our Canteen.
- **Throwing a party** Your group will provide the decorations and refreshments for group social events such as birthday parties, ice cream socials, holiday celebrations, and Veterans Day activities.
- **Leading a craft project** Your volunteers will bring the supplies and instruct our Veterans with projects such as painting, pottery or woodworking.

To get started, contact our Voluntary Service office at the location where you would like to volunteer.

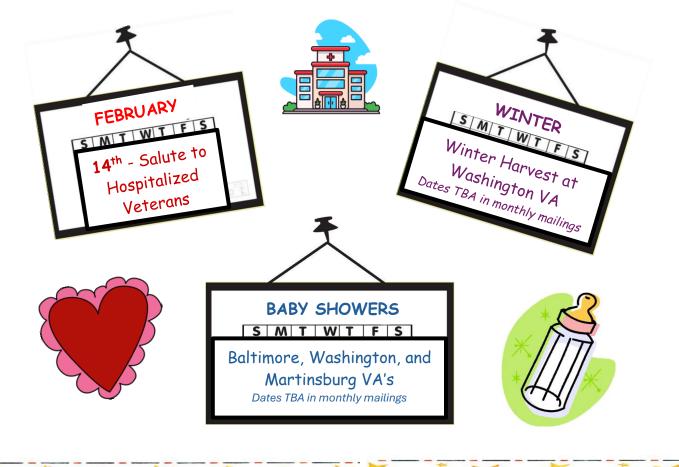
## Tell a friend about volunteering for Veterans at the VA Maryland Health Care System.

- Contribute to the Veteran community.
- Meet interesting people.
- Develop job skills.
- Earn community service hours towards school requirements.
- Explore career & educational opportunities.
- Gain valuable experience in a health care setting.
- Earn a free meal during four + hour shifts.
- Make a difference by giving back to others.

#### Serve those who served - our Nation's Veterans



# **HOSPITAL ACTIVITIES**



# **DONATIONS NEEDED:**

All Auxiliaries are asked to donate as generously as you are able to the **HOSPITAL TREAT** (provides funds to visit our VA hospitals and give the patients goodies to show we care) and HOSPITAL FUND (provides an account that can be accessed for patients to purchase needed items such as toiletries).

Please collect the following as well:





Word Search Puzzle Books





Jigsaw Puzzles



**Coloring Books & Crayons** 

Reporting tips	<ul> <li>✓ Include all projects on one monthly report form.</li> <li>✓ Report project cost but not the cost of mileage.</li> <li>✓ When making donations:         <ul> <li>① Use the donation sheet included.</li> <li>② Attach to your report a copy of the Thank-You letter you receive from the VA.</li> </ul> </li> </ul>
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Hosts needed to provide our hospitalized veterans time for recreational activities. Consider getting a team together in your Auxiliary or District to offer VA patients a chance to just have fun.....



### **Bowling Trips**



**Bingo Parties** 

Contact Cynthia Davis for more information.

PROPOSE FOR VETERA	Hospital Program 2025-2026 Report Form Cynthia Davis, PDP Dept. Chairman 3428 Carriage Hill Circle, Apt. 101 Randallstown, MD 21133 443-629-3270 capdavishospital@yahoo.com					
Auxiliary	District	Chairman				
Reporting Pe	riod: From	То				
This month - Hours	_ Projects Cost \$	Mileage_	Volun	teers #		
Number of Auxiliary members that volunteered at any VA and/or non-VA medical facility (Auxiliary member to be counted one time only per year) : Number of Volunteers #						
Total number of hours that Auxiliary members volunteered and any VA and/or non-VA medical facility. Hours # Total number of hours that Sponsored Volunteers and/or students volunteered under the your auxiliary sponsorship and/or supervision of your auxiliary. Hours #						
Did your Auxiliary host or co-host any activity with their VFW Post at any VA and/or non-VA medical facility?						
Honors Escort			Yes	No		
National Salute to Veteran Patients- Valentines for Veterans Yes				No		
Veterans Health Care (VHA		Yes	No			
Women Veterans Health Ca		Yes	No			
Other (Bingo, pizza party, e	tc) Please describe below		Yes	No		
Did your auxiliary recognize h	ospital volunteers?	#		reciation Certificates		
Hospital Treat donation amour	t \$ Ho	spital Fund donation amo	ount \$			
Other projects or activities (use	e additional sheet if necessar	y):				