



Youth Activities



Hello Department of Maryland VFW Auxiliary members!

I'm excited to share with you some ideas from our National Youth Activities Ambassador Shannon Stanley.

Many of our high schools, middle schools and elementary schools offer community services after school programs (clubs) and that most colleges today look at community involvement on their applications. These after-school programs offer us as Auxiliary members a way to engage with our community youth. Below are some ideas on how to promote our Youth Activities Program with some of our other amazing programs. Team up with other Chairmen to get working on these suggestions or others like them,

Patriotism Through Literacy



RECOMMENDED READS

Updated: 2025-2026

Patriotism Through Literacy is a VFW Auxiliary **Youth Activities** initiative started in 2019, the purpose of which is to foster a love of reading while teaching students about America's past primarily through historical fiction and creative non-fiction, promoting both patriotism *and* literacy, in addition to encouraging empathy and broadening perspectives. The intended age range of readers/listeners of the books below spans from pre-k through grade 12.

In the world of children’s literature, there is often talk of “mirrors and windows.” In books labeled “mirrors,” kid readers get to see themselves reflected in the main characters. In “windows,” they see into the lives of characters they’d otherwise never know. That is why the books on our list of Recommended Reads not only showcase a number of periods in history from the Revolutionary War through post-9/11, they reflect a variety of character viewpoints: girls, boys, children, teens, adults, veterans, the children of veterans, etc., of all different backgrounds, cultures, colors, ethnicities, religions, American regions/states and abilities/disabilities.

The Recommended Reads are divided into **Historical Fiction** (fiction taking place in the past, set in the United States), **Americana and/or Educational** (fiction, non- or a mix of both, these books are about America’s holidays, history, geography, government, parental deployment, etc., primarily for younger readers/listeners who may not be ready for more complex books yet, with additional titles for young children with a deployed or recently returned veteran parent), and **Creative Non-Fiction, Biography & Memoir** (biographies of important figures in American history, historical accounts from real people/events learned through interviews, letters, or diary entries, and memoirs of childhood that paint a distinct picture of America in the past). The list is periodically updated to include newly published works. While some classics appear among our Recommended Reads, most of these titles or series were published in the past 25 years, with many published within the last decade.

Note: The grade/age levels into which these are divided are suggestions (not rules) based on publishers’ guidelines, school curriculums, reading/comprehension levels and story content.

SYMBOLS KEY:

*Indicates it has a character who is, or whose parent, grandparent, sibling etc. is, a veteran, deployed, about to be deployed, returning from deployment, MIA, or was Killed in Action.

^A Indicates that the book was not written for Young Adult readers; it is an adult book with crossover appeal that **mature teen readers** may enjoy/comprehend (discretion advised).

Underlining indicates that the author or co-author of the book is a veteran.

Ellipses... indicates that part of the book’s title was redacted because it was too long, so please Google/search for the full title or ask a librarian or bookseller for the full title.

Patriotism Through Literacy **Recommended Reads **Preschool-Kindergarten****

Historical Fiction:

**At the Mountain’s Base* by Traci Sorell

Dandelions by Eve Bunting

This is a Rope: A Story from the Great Migration

by Jacqueline Woodson

Fry Bread by Kevin Noble Maillard

Fairy Floss: The Sweet Story of Cotton Candy by Ann Ingalls

My Life as a Pioneer by Ann Matzke



Americana and/or Educational:

**Missing Momma* by Winsome Bingham, illustrated by Rahele Jomepour Bell

**Tuesday Tucks Me In* by Luis Carlos Montalvan

**Hero Mom* and **Hero Dad* by Melinda Hardin

**My Red Balloon* by Eve Bunting

*Home Again by Dorinda Silver Williams
 *Don't Forget, God Bless Our Troops by Dr. Jill Biden
 *Boyogi: How a Wounded Family Learned to Heal by David Barclay Moore
 *Jayylen's Christmas Wish by Lavaille Lavette, illustrated by David Wilkerson
 *Talking About Deployment: A Sesame Street Resource by Charlotte Reed
 *Mini Military series (Lil Navy Sailor, Lil Army Soldier, etc.) by RP Kids
 This Land is Your Land by Woodie Guthrie, illustrated by Kathy Jakobsen
 Leo's First Vote by Christina Soontornvat
 Apple Pie 4th of July by Janet S. Wong
 Juneteenth for Mazie by Floyd Cooper
 A is for America: A Patriotic Alphabet Book by Tanya Lee Stone
 Red, White, and BOOM! by Lee Wardlaw
 America the Beautiful by Katharine Lee Bates, illustrated by Wendell Minor
 Aloha, Everything by Keylin Melia George
 Fourth of July Fireworks by Patrick Merrick

Creative Non-Fiction, Biography & Memoir:

*He Looks Like Me by Lawanda Warthen
 *John, Paul, George, and Ben by Lane Smith
 *John McCain: A Little Golden Book Biography by Gram Adams
 *Wat Kept Playing: The... Story of Wataru Misaka... by Emily Inouye Huey
 Can You Sing 'The Star-Spangled Banner?' by Martha E. H. Rustad
 What Your Ribbon Skirt Means to Me: Deb Haaland... by Alexis Bunten
 Mae Among the Stars by Roda Ahmed
 Journey to the Stars: Kalpana Chawla, Astronaut by Laurie Wallmark
 Ron's Big Mission by Rose J. Blue
 Blue Sky, White Stars by Sarvinder Naberhaus, illustrated by Kadir Nelson
 I Am series (I Am Abe Lincoln, Rosa Parks, Amelia Earhart, etc.) by Brad Metzer

Patriotism Through Literacy **Recommended Reads Grades 1-2**

Historical Fiction:

*Mama Played Baseball by David A. Adler
 Ellis Island Passover by Marissa Moss
 Do You Know Them? by Shana Keller, illustrated by Laura Freeman
 Coming On Home Soon by Jacqueline Woodson
 Show Way by Jacqueline Woodson
 Clara and the Bookwagon by Nancy Smiler Levinson
 Dust for Dinner by Ann Turner
 Baseball Saved Us by Ken Mochizuki
 Golly Sisters Go West by Betsy Byars
 The Josefina Story Quilt by Eleanor Goerr
 The Doll Shop Downstairs by Yona Zeldis McDonough
 New Shoes by Susan Lynn Meyer, illustrated by Eric Valasquez



Americana and/or Educational:

*Rolling Thunder by Kate Messner, illustrated by Greg Ruth
 *The Veterans Day Visitor by Peter Catalanotto, illustrated by Pamela Schembri
 Keepunumuk: Weeachumun's Thanksgiving Story by Alexis Bunten, et al.
 The Survivor Tree... by Cheryl Somers Aubin, illustrated by Sheila Harrington
 Some of Us: A Story of Citizenship & the United States by Rajani LaRocca
 If I Were President by Catherine Stier

The Flag We Love by Pam Munoz Ryan
We the Kids by David Catrow
The Scrambled States of America by Laurie Keller

Creative Non-Fiction, Biography, & Memoir:

**They Called Her Molly Pitcher* by Anne Rockwell
**Nubs: True Story of a Mutt, a Marine & a Miracle* by Maj. Brian Dennis, et al.
**A Life of Service: The Story of... Tammy Duckworth* by Christina Soontornvat
**A Day for Rememberin'...* by Leah Henderson, illustrated by Floyd Cooper
**The Spy Who Played Baseball* by Carrie Jones
Revolutionary Mary by Karen Blumenthal and Jen McCartney
Finding Providence: The Story of Roger Williams by Avi
First Flight: The Story of Tom Tate & the Wright Brothers by George Shea
Diana's White House Garden by Elisa Carbone
Emma's Poem by Linda Glaser
The Story of Ruby Bridges by Robert Coles
Martin's Big Words by Doreen Rappaport
Balloons Over Broadway: The True Story of... Macy's Parade by Melissa Sweet
Harriet's Ruffled Feathers by Joy McCullough
I Could Do That: How Esther Morris Gets Women the Vote by Linda White

Patriotism Through Literacy **Recommended Reads Grades 3-4**



Historical Fiction:

**Brave Like My Brother* by Marc Tyler Nobleman
**The Hero Two Doors Down, Based on the True Story...* by Sharon Robinson
**Postcards from Pismo* by Michael Scotto, illustrated by Dion Williams
I Survived series (Gettysburg, Pearl Harbor, D-Day, 9/11, etc.) by Lauren Tarshis
Step Up to the Plate, Maria Singh by Uma Krishnaswami
Home is With Our Family by Joyce Hansen, illustrated by Kadir Nelson
Capital Mysteries series by Ron Roy
Tricking the Tallyman by Jacqueline Davies
The Year of the Boar & Jackie Robinson by Bette Bao Lord
American Girl series (incl. books about *Molly, *Claudie, *Kit) by various
Worth by Alexandria LaFaye
If You Were a Kid During... series (*American Revolution, etc.) by Will Mara
Magic Treehouse series (incl. *Big Day for Baseball*, etc.) Mary Pope Osborne

Americana and/or Educational:

**The Wall* by Eve Bunting, illustrated by Ronald Himler
**America's White Table* by Margot Theis Raven
**Half a Man* by Michael Morpurgo
We Are America: A Tribute from the Heart by Walter Dean Myers
Ellie May on Presidents' Day by Hillary Homzie
Shh! We're Writing the Constitution by Jean Fritz

Non-Fiction, Biography, & Memoir:

**The Poppy Lady: Moina Belle Michael and... Veterans* by Barbara E. Walsh
**A Splash of Red: The Life & Art of Horace Pippin* by Jen Bryant/Melissa Sweet
**Forgotten Founders...* by Mifflin Lowe, illustrated by William Luong
**Twenty-One Steps: Guarding... Tomb of the Unknown Soldier* by Jeff Gottesfeld

**Contenders: Two Native Baseball Players, One World Series* by Traci Sorell
**Being Teddy Roosevelt: A Boy, a President and a Plan* by Claudia Mills
**Nisei Soldiers: Elite Fighters of WWII* by Debbie Michiko Florence
Weird but True Facts about... (U.S. Military/U.S. Presidents) by Arnold Ringstad
I Have a Dream by Martin Luther King, Jr., illustrated by Kadir Nelson
A is for Abigail: An Almanac of Amazing American Women by Lynne Cheney
She Persisted series (Maya Lin, Maria Tallchief, Sally Ride, etc.) by various
*Who Was/What Was... series, (Sitting Bull, *D-Day, *Gettysburg, etc.)* by various
What Do We Know About... series (Lost Colony of Roanoke, etc.) by various
Little Legends/Little Leaders/Little Dreamers by Vashti Harrison
Henry's Freedom Box: A True Story... Underground Railroad by Ellen Levine
Amazing Asian Americans & Pacific Islanders Who Inspire... by Maia Shibutani
*Magic Treehouse Fact Checkers (*Revolution, *WWII, etc.)* Mary Pope Osborne

Patriotism Through Literacy

Recommended Reads **Grades 5-6**



Historical Fiction:

**Eyes on the Sky* by J. Kasper Kramer
**Keeping Score* by Linda Sue Park
**Prairie Lotus* by Linda Sue Park
**Cracker: The Best Dog in Vietnam* by Cynthia Kadohata
**The True History of Lyndie B. Hawkins* by Gail Shepherd
**The Unsung Hero of Birdsong, USA* by Brenda Woods
**One Crazy Summer* trilogy by Rita Williams Garcia
**Planet Earth is Blue* by Nicole Panteleakos
On the Horizon by Lois Lowry, illustrated by Kenard Pak
We Dream of Space by Erin Entrada Kelly
Stella by Starlight by Sharon M. Draper
Eagle Drums by Nasugraq Rainey Hopson
Show Me a Sign by Ann-Clare LeZotte
Red, White & Whole by Rajani LaRocca
This is Just a Test by Madelyn Rosenberg and Wendy Wan-Long Shang
Eleven by Tom Rogers
Esperanza Rising by Pam Muñoz Ryan
My Life as an Ice Cream Sandwich by Ibi Zoboi
Nine, Ten, a September 11th Story by Nora Raleigh Baskin
Bud, Not Buddy by Christopher Paul Curtis
The Watsons Go to Birmingham by Christopher Paul Curtis
Unsinkable Cayenne by Jessica Vitalis

Creative Non-Fiction, Biography, & Memoir:

**Chester Nez: A Navajo Codetalker's Story* by Joseph Bruchac
**Off to War and *Children of War* by Deborah Ellis
**Skyward: The Story of Female Pilots in WWII* by Sally Deng
**Leadership Journey: How 4 Kids Became President* by Doris Kearns Goodwin
**Fallout: Spies, Superbombs & Ultimate Cold War Showdown* by Steve Sheinkin
Ida B. Wells: Let the Truth Be Told by Walter Dean Myers
Out of Hiding: A Holocaust Survivor's Journey to America by Ruth Gruener
How We Got to the Moon... Humanity's Greatest Adventure by John Rocco
History Smashers series (Revolution, Pearl Harbor, etc.) by Kate Messner
Big Ideas That Changed the World series by Don Brown
It's Up to You, Abe Lincoln by Leila and Tom Hirschfeld

What Was the Continental Congress? by Candice Ransom
Maya Lin by Jeanne Walker Harvey, illustrated by Dow Phumiruk
The Great Fire by Jim Murphy
We'll Never Forget You, Roberto Clemente by Trudie Engel
Ellis Island (A True Book) by Elaine Landau

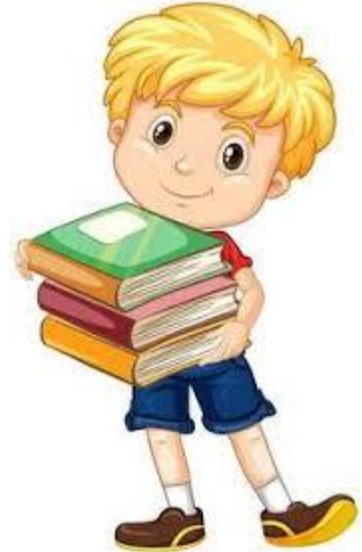
Patriotism Through Literacy **Recommended Reads Grades 7-8**

Historical Fiction:

- **Woods Runner* by Gary Paulsen
- **Scar: A Revolutionary War Tale* by J. Albert Mann
- **Like a River: A Civil War Novel* by Kathy Cannon

Wiechman

- * *Homefront* by Doris Gwaltney
- **Grenade* and **Heroes* by Alan Gratz
- **Two Roads* by Joseph Bruchac
- Seeds of America* series by Laurie Halse Anderson
- Fever 1793* by Laurie Halse Anderson
- All the Stars Denied* by Guadalupe Garcia McCall
- The Magical Imperfect* by Chris Baron
- Kira-Kira* by Cynthia Kadohata
- Ophie's Ghosts* by Justina Ireland
- Lucky Broken Girl* by Ruth Behar
- Out of the Dust* by Karen Hesse
- The Day of the Pelican* by Katherine Paterson



Creative Non-Fiction, Biography, & Memoir:

- **Star Sailor* by Charles F. Bolden, Jr. & Tonya Bolden
- **Warrior Dog (Young Readers Edition)* by Joe Layden, Will Chesney
- **Gone to the Woods: Surviving a Lost Childhood* by Gary Paulsen
- **Fly Girls: Forgotten Women... Pilots of WWII* by P. O'Connell Pearson
- **The Notorious Benedict Arnold, A True Story...* by Steve Sheinkin
- **Facing the Mountain... (Young Readers Adaptation)* by Daniel James Brown
- **On the Horizon: Memories of WWII* by Lois Lowry, illustrated by Kenard Pak
- **Braver Than I Thought: Real People, Real Courage...* by Luke Reynolds
- Bad Boy: A Memoir* by Walter Dean Myers
- **At Last She Stood... Joey Guerrero... Fought for Freedom* by Erin Entrada Kelly
- Astronauts: Women on... Final Frontier* by Jim Ottaviani, illustrator Maris Wicks
- Bomb: The Race to Build –& Steal– Most Dangerous Weapon* by Steve Sheinkin
- Amelia Lost: The Life & Disappearance of Amelia Earhart* by Candace Fleming
- The Great Influenza: The... Deadliest Pandemic in History* by John M. Barry
- Chasing Lincoln's Killer* by James L. Swanson
- Lifting As We Climb: Black Women's Battle for the Ballot Box* by Evette Dionne
- Enchanted Air: Two Cultures, Two Wings* by Margarita Engel
- Hidden Figures: The American Dream...* by Margot Lee Shetterly
- Witches: Absolutely True Tale of Disaster in Salem* by Rosalyn Schanzer
- Ambushed! The Assassination Plot Against President Garfield* by Gail Jarrow
- Jane Addams: Most Dangerous Woman in America* by Marlene Targ Brill
- Brown Girl Dreaming* by Jacqueline Woodson
- Susie King Taylor: Nurse, Teacher & Freedom...* by Erica Armstrong Dunbar

Patriotism Through Literacy

Recommended Reads **Grades 9-12**

Historical Fiction:

- **Fallen Angels* by Walter Dean Myers
- **The Things a Brother Knows* by Dana Reinhardt
- **Soldier's Heart: Being the Story of the Enlistment and...* by Gary Paulsen
- **Flygirl* by Sherri L. Smith
- **I Pledge Allegiance* (Vietnam Series Book 1) by Chris Lynch
- **Alex & Eliza* by Melissa de la Cruz
- **Time Enough for Drums* by Ann Rinaldi
- **Two Girls of Gettysburg* by Lisa Klein
- Butterfly Yellow* by Thanhha Lai
- The Downstairs Girl* by Stacey Lee
- We Are Not Free* by Traci Chee
- Sheine Lande* by Darcie Little Badger
- Last Night at the Telegraph Club* by Malindo Lo
- A Very Large Expanse of Sea* by Tehera Mafi
- The Hired Girl* by Laura Amy Schlitz
- Hattie Big Sky* by Kirby Larson
- The Davenport* by Krystal Marquis
- The Memory of Things* by Gae Polisner



Creative Non-Fiction, Biography, & Memoir:

- ^A **Lost in Action: A WWII Soldier's... Capture on Bataan...* by Dick Bilyeu
- ^A **Combat Crew* by John Comer
- ^A **Code Talker Stories* by Laura Tohe
- ^A **Alexander Hamilton* by Ron Chernow
- **Unbroken (YA Adaptation): An Olympian's Journey...* by Laura Hillenbrand
- **Pure Grit: How American WWII Nurses Survived...* by Mary Cronk Farrell
- **Infinite Hope: A Black Artist's Journey from WWII to Peace* by Ashley Bryan
- **American Boys: True Story of the Lost 74 of the Vietnam War* by Louise Esola
- Turning 15 on the Road to Freedom...* by Lynda Blackmon Lowery
- Claudette Colvin: Twice Toward Justice* by Phillip Hoose
- Loving Vs. Virginia* by Patricia Hruby Powell
- 1968: Today's Authors Explore a Year of... Change* by Marc Aronson, et al.
- Sally Ride: America's First Woman in Space* by Lynn Sherr
- Black Birds in the Sky* by Brandy Colbert
- They Call Us Enemy* by George Takei
- March* graphic novel series by John Lewis, Andrew Aydin & Nate Powell
- A Most Perilous World* by Kristina R. Gaddy
- ^A *The Radium Girls* (also available in a *Young Readers Edition*) by Kate Moore
- ^A *9/11 Ordinary People: Extraordinary Heroes* by Will G. Merrill, Jr.
- ^A *The Heartbeat of Wounded Knee: Native America from 1890...* by David Treuer

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**Include Youth Participation
in all Auxiliary Programs.**