



Veterans & Family Support



DECEMBER 2025

**“FROM SEA TO SHINING SEA HONORING VETERANS WHO KEEP US FREE”
AND
“A FORCE FOR VETERANS”**

As we wrap up 2025, take a moment to explore the Veterans & Family Support program highlights below. These key updates—featured in past promotions and shared during the School of Instruction—offer a great opportunity to check in on our progress and keep the momentum going.



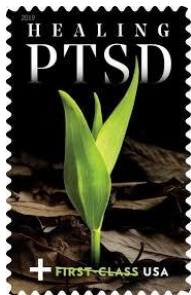
- ☐ **Suicide Awareness & Prevention** – Continue your emphasis on education, outreach, and resource sharing to support veterans and families in crisis. Share the 9-8-8 call/text/chat
- ☐ **Military Assistance Program (MAP)** - Providing grants to military families facing unexpected hardships, ensuring immediate relief and stability.
- ☐ **Unmet Needs Program** - Helping veterans and service members with basic life expenses like rent, utilities, and food.
- ☐ **Veterans & Military Support Services** - Coordinated efforts across programs such as Operation Uplink, and Sports Clips Help A Hero Scholarship.
- ☐ **Family Support Initiatives Resources** for caregivers, spouses, and children of veterans to strengthen resilience and community ties. This includes the Program of Comprehensive Assistance for Family Caregivers (PCAFC).

Detailed information about these programs has been previously provided. Please let me know if you need more information.



- S** Signs of suicidal thinking should be recognized
- A** Ask the most important question of all – Are you thinking of killing yourself?
- V** Validate the Veteran's experience
- E** Encourage treatment and expedite getting help

As the holidays approach, let's remember to check in on veterans and their families within our communities. For many, this season can bring added stress—your outreach can make a meaningful difference. A simple call, visit, or message of care can remind them they're not alone.



Many of us send holiday greeting cards—but I am sure that you will also receive them. Don't toss those envelopes! Instead, cut out the stamps and send them to *Stamps for the Wounded*. Be sure to leave plenty of space around each stamp so veterans have room to work with. Your small effort can make a big difference.

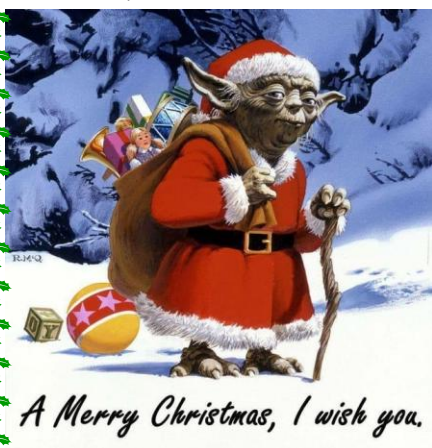
1. NO metered postage.
2. Leave at least a quarter of an inch margin)
3. put it in a ziplock or sandwich bag.
 - a. When you get a bunch - send them off to Stamps for the Wounded (SFTW).
4. Once recived by SFTW, volunteers sort the stamps into three categories: (1) cancelled US, (2) uncanceled US and (3) Foreign. You can sort these if you would like before mailing but it is NOT necessary.
5. Once the volunteers sort them they are then mailed out to our veterans.



Do you or someone you know still receive a weekly newspaper or pick up the free ones at the store? Before tossing them, grab those coupons! Send any you don't need—or even recently expired ones—to our troops. Please note: *manufacturer coupons only*. Simply mail them using the most affordable option, and they'll handle the rest."

Mail your coupons to:

Support Our Troops®
PO Box 16575
Boise, ID 83715



A Merry Christmas, I wish you.

Practice the gift of giving this holiday season. How can you make a difference in a veteran's life? Cook a meal, give them a gift card, offer some away time for a care giver, take them on an outing, sit down and just listen.

Wishing you and your family a very happy holiday season and all the joys a new year can bring!

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