



Veterans & Family Support



November 2025

How will your Auxiliary use its sabers to celebrate National Veterans and Military Families Month?

The month of November is a month to honor the unique sacrifices and challenges faced by military family members who support those in uniform.



As the month of November begins, let us each reflect upon our Veteran, our special Hero who gave us the privilege or right to be able to join this special organization.

Let us pay tribute to and honor him or her this month. Reflect upon your "why" and see your auxiliary can be of celebrate veterans this month.

Other than your Post, you can reach out to your local armory, training, or reserve centers to see if you can host a get together for them.

National VFW Auxiliary Veterans and Family Support Ambassador Annie O'Connor mentions two main things in her latest promotion.

First, is Military Care Packages. Reminder to keep shipping deadlines in mind if you want to send care packages to our deployed service members. When sending care packages, she mentions to include a mix of essentials such as shampoo, soap, deodorant, socks, and non-perishable snacks, such as jerky and trail mix. Do not forget to include some personal gifts such as a personalized card, hand crafted holiday stocking/ornament, or other simple things such as their favorite candy, cookie, or a picture made from a child in their family and

Second, consider doing "BLESSINGS BAGS" for our military personnel who are experiencing homelessness. Things to include in the bags are socks, hats, gloves, toothpaste/toothbrushes, bottled water, shelf stable food that does not require an opener, blankets and tents are other options. These things can also be donated to local nursing homes for veterans who do not have family members who are able to provide these things for them. In Ambassador Annie's words: "A Rising Tides Lifts all Veterans to Success!"



Did you know that the Veterans and Family Support now has a QR code? The QR code takes you directly to the National VFW auxiliary Veterans and Family Support Program. In what creative way can your auxiliary use the QR code?



Veterans of Foreign Wars Auxiliary
Veterans & Family Support Program

Continue to focus on and promote our National President Lois Callahan's points:

1. VFW-Based Veterans Assistance Programs

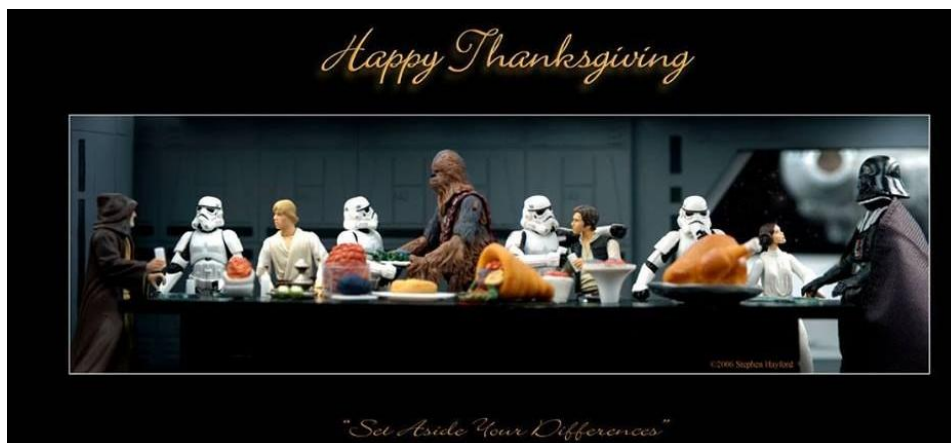
- a. Unmet Needs
- b. Military Assistance Program
- c. Have a meeting with your local service officer to see how you can assist veterans in your community.

2. Veterans' Mental Health Awareness

- a. 9-8-8 wallet cards or stickers
- b. Blue Teardrops
- c. #22-A-Day
- d. How can your auxiliary promote suicide awareness?

3. Veteran & Veteran Spouses Employment

- a. Use the resource rack cards.
- b. Can you partner with your Post or local Health Department to do a Job Fair at your Post or local community center for veterans and their spouses?



Name: _____ Date: _____

November 2025 Veterans & Family Support

1. ALMAYDRN _____
2. REVTEISA _____
3. LAMLIW KAPRIES _____
4. RMEBMHIPES _____
5. AMZ TAANKA _____
6. NSREVTEA YDA _____
7. MEANRI SPCOR _____
8. CREBU WDEASRD _____
9. HCYAT TGISDET _____
10. NTILOAAN MEOH _____
11. VECTM _____
12. CSIAFEARC _____
13. ZBTEHEAIL DELAELZATZ _____
14. FEDRMEO _____
15. JKEIAC LMLIKBA _____
16. EPASC FECRO _____



Reports can be sent to me via:

Email at beaveteranspal@comcast.net, or

Snail mail: PO Box 558. Fruitland, MD 21826-0558.

Mobile Phone: (667) 221-2199.

